

MY MIND HAS UNLIMITED POWER

My mind has unlimited power.

The power of my mind is limitless. It has the ability to create things that have never existed. My creative abilities are unlimited.

I constantly develop new ideas that have the ability to change my life and the world for the better. I am in awe of the creative power of my mind.

My mind is able to solve any challenge. I find simple, elegant solutions that surprise even me. I can deal with any challenge successfully and quickly. The obstacles of life are mere speed bumps for me.

My mind navigates the potholes of my life and takes the smoothest path to my goals.

My mind can control my body. I have control over my behavior. I am moving toward my goals and away from negative behaviors. I choose what is best for me and my mind makes it happen.

My mind controls my perspective and outlook on life. My mind creates my future. Anything my mind envisions, I can achieve.

My mind has the ability to create anything I desire. **My future is under my control.**

I am inspired by the great minds of the past. I know that I possess the same abilities and powers. I only need to learn how best to use them.

Today, I appreciate all that my mind can do. I trust my intuition. I consider new ideas with an open mind. My mind has unlimited power.

Self-Reflection Questions:

1. What could I accomplish if I opened myself up to the possibilities? Why have I limited myself in the past?
2. How have I inhibited or sabotaged my success in the past?
3. What can I do today to make better use of my mind?