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There are lessons to be learned with the closing of each chapter in my life. Sometimes those chapters have unfavorable endings, but I avoid dwelling on them.

Each tomorrow that I am blessed with has greater promise than the day before. That knowledge propels me to give my all.

Being reprimanded at work for an error in judgment is tough. It is human to feel a little unworthy and disappointed in myself, but I maintain a kind spirit. **Being good to myself allows me to accept difficulties as they are and prove myself later.**

I spend time evaluating the things that go wrong. Asking questions to understand why something happens brings clarity.

Putting the pieces of the puzzle together inspires me to make adjustments to prevent similar outcomes. It always means being honest with myself about my missteps. There is strength in being able to face my shortcomings.

Knowing that I have what it takes to correct the wrongs comes from my ability to take correction.

I believe that when someone believes in me, I receive chances to prove myself. **Instead of dwelling on how I disappoint someone, I use their gesture of faith to confidently produce results to be proud of.**

Today, I look only straight ahead. There is little time for focusing on what the past holds, except for taking the lessons from it. I am a student of life and I am ready to move forward with more experiences.

Self-Reflection Questions:

1. How easy is it to forgive myself for something that I mess up?

2. How does it feel when someone expresses confidence in my abilities?

3. How much do I rely on the experiences of others to guide me?